

FOOD FOR HOME

GOOD FOOD IN GOVAN

Food support from local organisations & groups in and around Greater Govan. **This info has been gathered in December 2022 and will be updated.** Please check online or contact individual organisations or groups to make sure this information is still correct, and to confirm seasonal closure. Info on other community news, activities & services can be found online at  @GoodaboutGovan  @ThrivingGovan and in person at the Thriving Place Community Connector pop up in Govan Shopping Centre.

THE GOVAN PANTRY **THE PI, 840-860 GOVAN RD (ENTRY NEXT TO MONUMENT)** **0141 445 6481 HELLO@GOVANHELP.ORG**

Wed **10.30AM - 3PM** Pantry membership costs **£2.50 per week** and allows each member to select 10 items from the range of fresh, frozen, chilled and ambient food products and other essential items, making average savings of approximately £15 per shop.

LINTHOUSE COMMUNITY LARDER **LINTHOUSE HOUSING ASSOCIATION, 1 CRESSY STREET**

Thu **10AM - 1PM** Monthly membership costs **£1** Community larder selling fruit, veg, tinned and frozen goods at a discounted price.

ST CONSTANTINE'S HALL, UIST ST - OPPOSITE CHURCH

Sat **6 - 7PM FREE** Food Parcel pickup. 10 items per bag Drop-in, no referral required.

GLASGOW SW FOODBANK - SEEDED BY THE TRUSSELL TRUST **07437910115 INFO@GLASGOWSW.FOODBANK.ORG.UK**

REFERRAL REQUIRED The SW Foodbank operates across a number of venues. In order to provide the most appropriate help for the circumstances of your situation Glasgow SW Foodbank work with local agencies. If they feel you are struggling to put food on the table, they will issue you with a foodbank voucher. Get in touch to find out more.

Mon **12 - 2PM** IBROX PARISH CHURCH, CLIFFORD ST

Tue **10.30AM - 12.30PM** OUR LADY & ST GEORGE CHURCH, 50 SANDWOOD RD, PENILEE
2 - 4PM LINTHOUSE HOUSING ASSOCIATION, 1 CRESSY STREET

Wed **12 - 2PM** MOSSPARK BAPTIST CHURCH, 155 CORKERHILL ROAD

Fri **10AM - 12.45PM** HILLINGTON PARK CHURCH, 24 BERRYKNOWES RD. PLEASE NOTE THAT THE COMFORT & JOY HUB ALSO OPERATES FROM 10AM - 1PM OFFERING FREE TEA/COFFEE, TOAST AND SOUP.

INFO FOR ORGANISATIONS & GROUPS. If there are inaccuracies or updates to provide, please email yvonne.Reilly2@glasgow.gov.uk



GOOD FOOD GET-TOGETHERS

GOOD FOOD IN GOVAN

THE PRESHAL TRUST **8 ABOUKIR ST, LINTHOUSE** **0141 445 3689**

- Mon** 11AM FREE Tea and toast 1 - 3.30PM FREE Cooking Class: Cook, share & eat with others.
- Tue** 11AM FREE Tea and toast 12PM £1 Lunch Club
- Wed** 11AM FREE Tea and toast 1 - 3.30PM FREE Cooking Class: Cook, share & eat with others.
- Thu** 11AM FREE Tea and toast 12PM £1 Lunch Club
- Fri** 11AM FREE Tea and toast 12PM £1 Lunch Club

NUTRITION SCOTLAND COOKING CLASSES **ONLINE (VIA ZOOM)** **07595091942** **VITTORIA@NUTRITIONSCOTLAND.ORG**

- Tue** 11AM - 12.15PM FREE Cooking Class. Must be pre-booked. Vouchers available for ingredients (Aldi, Tesco, Asda, Iceland, Farmfoods, M&S, Waitrose.)

KINNING PARK COMMUNITY KITCHEN **KINNING PARK COMPLEX, 43 CORNWALL ST** **07840843314** **HELLO@KINNINGPARKCOMPLEX.ORG**

- Tue** 12 - 2.30PM PAY AS YOU CAN Community Lunch. Refreshments from 12pm. Food served 12.30pm Freshly made, frozen meals available to take away. Vegetarian/ Vegan/ Halal/ Gluten Free options available.
- Thu** 5 - 8PM PAY AS YOU CAN Community Meal. Refreshments from 5pm. Meal served 6pm.

RIVERSIDE HALL **29-31 CLYDEBRAE ST** **0141 445 2822** **RIVERSIDEHALLGOVAN@YAHOO.CO.UK**

- Wed** 12 - 2PM FREE 3 Course Seniors Lunch. The Riverside Hall are also currently providing free breakfast rolls on Tuesdays from 11 - 12.30 and Thursdays 12 - 1.30. Check with them for dates.

ST CONSTANTINE'S HALL **UIST ST - OPPOSITE CHURCH**

- Thu** 12PM £2 Seniors Lunch. 3-course meal followed by tea/coffee and a game of bingo.

SALVATION ARMY **44 GOLSPIE ST** **0141 445 6272**

- Thu** 7 - 8PM FREE Hot food to take away.
- Fri** 12.30 - 1.45PM £5 Seniors' Lunch Club (over 60s). Must be pre-booked.
7 - 8PM FREE Hot food to sit in or take-away Foodbank and toiletries available.

CLYDE HALL **41 WHITEFIELD RD, IBROX** **0141 258 3663**

- Fri** 12PM FREE - DONATIONS WELCOME Community Lunch
On the **first Friday of the month** (excluding January) there is a Thriving Place Community Breakfast from **9.30 - 11AM. FREE to G51 residents & volunteers.** Donation from workers.

URBAN ROOTS/ MOOGETY FOODS **ELDERPARK COMMUNITY CENTRE, 82 ELDERPARK ST** **JULIA@URBANROOTS.ORG.UK**

- Sat** 1 - 2PM FREE Saturday Soup: First come, first served. There is also a monthly community meal from 1 - 3pm, and soup is unavailable on this day. Check the Moogety Grub Hub facebook page or contact Julia for details and to book a space for the meal.